



**The Parish Visitor**  
**First Reformed Church of Fishkill**  
**1153 Main Street**  
**Fishkill, New York 12524**  
**February 2023**

### **A Word on Christian Unity**

Paul tells us in Ephesians 4:1-3 that in order to walk worthy of our calling in Christ Jesus, members of the church body must work diligently to keep the spirit of peace that holds us together. Why? Why is the unity of the church such a primary doctrinal concern for Paul? Why is unity essential in the church body? Here are three biblical reasons from Ephesians 4:

#### **The unity of the church body testifies to the unity of the Trinity.**

“One Spirit... One Lord... One God and Father of all” (Eph. 4:4-6). Unity in the body of Christ should testify to the unity of God’s eternal Three-In-Oneness. God is One. The Father, the Son, and the Spirit are unified in purpose and, in essence, as should be mirrored in the church body. When the body of Christ operates in disunity, it paints a false picture of God to the world. However, churches comprised of members who align themselves to the vision and direction of the church body promote a more accurate picture of the Trinity to the world they are called to reach with the gospel of Jesus Christ.

#### **The unity of the church body testifies to the unity of the gospel message.**

“One hope... One faith... One baptism” (Eph. 4:4-6). Unity in the body of Christ should testify to the unity of the gospel message. There is not more than one hope for salvation. There is not more than one object of faith who can save. There is not more than one baptism that identifies a believer as a follower of Christ. When believers in the church body are divided, it communicates to the world that the message of salvation in Jesus Christ is subject to amendment or discontinuity. The unity of the church body must model the unity of the gospel. No wonder Jesus was so adamant when He prayed, “May they all be one, as You, Father, are in Me, and I am in You.”

#### **Unity of the church body affects the church’s ability to be productive for the kingdom of God.**

“There is one body” (Eph. 4:4). Imagine one head but two bodies. If the two bodies disagree over the direction the head is revealing to go, with one body pulling south and the other body pulling north, the result is embarrassing. Counterproductive. Pointless. Directionless. Such is the church which is divided. The Head (Jesus Christ) reveals direction through the leadership He has called and ordained; Pastor, Elders, and Deacons. The body of Christ must work together to follow the direction Christ has set for it. Anything else negatively affects the church’s ability to be productive for the kingdom of God. As the body of Christ, we must be diligent and work together as one body, the body of Christ in the world. When we work together to love God and love our neighbors (without exception), we model for the world the beauty of our Triune God.

Blessings,  
Pastor Amy



# February 2023



1 <sup>st</sup>		16 <sup>th</sup>	choir rehearsal consistory meeting at 7 pm
2 <sup>nd</sup>	Worship & Music - choir rehearsal Groundhog Day	17 <sup>th</sup>	Evelyn Bobb Birthday
3 <sup>rd</sup>		18 <sup>th</sup>	Catherine Buscemi Birthday Pot Luck rain date
4 <sup>th</sup>	Bill Riesling Birthday	19 <sup>th</sup>	<b>Worship &amp; Coffee</b>
5 <sup>th</sup>	<b>Worship &amp; Coffee</b> Heather Hansen private prayer after service	20 <sup>th</sup>	Presidents Day
6 <sup>th</sup>	SDCH zoom meeting at 7 pm	21 <sup>st</sup>	
7 <sup>th</sup>		22 <sup>nd</sup>	<b>Ash Wednesday</b> Drive Thru 10:00 am to 6:00 pm
8 <sup>th</sup>		23 <sup>rd</sup>	choir rehearsal
9 <sup>th</sup>	Choir rehearsal	24 <sup>th</sup>	
10 <sup>th</sup>		25 <sup>th</sup>	
11 <sup>th</sup>	Pot Luck Dinner	26 <sup>th</sup>	<b>Worship &amp; Coffee</b>
12 <sup>th</sup>	<b>Worship &amp; Coffee</b> Goodies to Homebound	27 <sup>th</sup>	
13 <sup>th</sup>	Dave Alexanders Birthday	28 <sup>th</sup>	Clair Houstons Birthday (29 <sup>th</sup> )
14 <sup>th</sup>	<b>Valentine's Day</b> 		
15 <sup>th</sup>			



# Our Consistory at Work

Meeting Notes from January 17<sup>th</sup>, 2023

Consistory Notes from January 17, 2023, for February Parish Visitor

Larry Sansone led devotions based on 1 Thessalonians 5:16-18. Experience shows us that life is not perfect; it can be filled with loss, frustration, anger, despair, and fear for the future. We turn to God in prayer during these times, to pray for guidance, redemption, a way out of trouble...but in all circumstances, God wants us to turn to Him in thanks! During even the hardest of times, we can still pause and focus our prayers on being grateful for the good things in our lives that so heavily outweigh the bad: our family, friends, home, health, and jobs...we each have our own long and meaningful list for which we are thankful. Behold what God has given you, offer prayers of thanks, and rejoice!

Treasurer's December report: Total YTD revenue: \$222,566.76; Total YTD expenses: \$343,611.35

The deficit is significant, but it was encouraging to see that last month's giving was also significantly above budget.

Finance Report: Funds are being transferred from Investments to the Operating Fund to help make up for the current deficit. Investments have declined quite a bit along with the market. We are forming a fundraising committee to look into grants, events, and partnerships with other organizations to help extend our outreach to the community. Joining together to brainstorm ideas and harness each other's creativity and enthusiasm can help make an appreciable difference in the financial health of our church. Please consider bringing your strengths and skills to help make up a diverse membership for this essential committee. Contact [lindabaron52@gmail.com](mailto:lindabaron52@gmail.com) to join us!

The Communications Committee will be reaching out to the village to find what the current guidelines are for displaying signs more conspicuously to help advertise our upcoming events.


A major brass cleaning in the sanctuary has been scheduled for Saturday, March 25<sup>th</sup>, with a snow date of April 1<sup>st</sup>. Many hands make light work, and spending time together makes it fun!

We would like to invite more members to participate in reading the Scriptures during Sunday service. A brief "training session" will be held for all of our volunteers. Please contact the office to add your name to our list of Readers. It is a beautiful experience to share God's word with all those who come to His house!

The Christian Education Committee will be contacting parents and grandparents for their input on how we can best continue to help them with the spiritual growth of our children. Plans are underway for Valentine's Day activities and for increasing our outreach to CCS families.

Thanks to the many hands that helped the SDHC pack about 120 bags for the homeless this month!

Property Committee updates: The remainder of the cemetery stone repairs and installation of Belgian blocks around the Memorial Garden, both of which are paid for from the church's Memorial Funds, will be done in the Spring, as will the repair of the wheelchair ramp at DuBois House. The front and rear doors of the Ed building are also being repaired. Installation of a crash bar and a combination lock (similar to the one at DuBois House) for the kitchen door is being planned as well. Staining and maintenance of the steeple is on hold in light of the high cost involved.



# The Bulletin Board

**Ash Wednesday** is February 22<sup>nd</sup> and we will have our drive-thru ashes. **Many volunteers are needed.** Contact Pastor Amy for more information.

## SDCH



On Tuesday evening, January 10, we completed 115 food bags to be supplied to the library to those who need them. Fifteen people showed up to help, and the task was completed in an hour. Many hands make light work is true.

Those interested in this mission will meet online on Monday, February 6, at 7:00 pm. I will send out the link for the meeting that previous weekend. Anyone who would like to participate but does not get regular notices and receive the computer link by sending me a request at [pnlake@gmail.com](mailto:pnlake@gmail.com).

Ideas of what we can do to help those without a safe place to sleep are always welcome.

The Southern Dutchess Coalition for Homeless will meet online Monday, February 6 at 7:00/. Topic: My Meeting Time: Feb 6, 2023, 7:00 PM Eastern Time (US and Canada) Join Zoom Meeting

<https://us02web.zoom.us/j/88010576128?pwd=Zkx1WjhCSDZKbXpWUzdGWmtoaE40dz09>

Meeting ID: 880 1057 6128

Passcode: 411401

Phyllis Lake



A fundraiser to collect old and outdated eyeglasses, to help a person who can't see to see again, in the beauty in the world in which we live. Please donate the old outdated prescription you no longer need. (Please put each clean pair in a zip lock bag.) Even if the frames are bent or broken and the lenses have fallen out. They will all be used. A box will be placed in the narthex and one in the church office for your donations. Please help Give the gift of sight to someone new!



## Pot Luck Dinner



You've heard of tough luck, blind luck, and beginner's luck, but the best luck of all is...POT LUCK! Plus, our Yankee Swap Game after dinner. Let us get together for some good food and fantastic company and fun, Please Join Us for A Potluck Party Bring your favorite dish, casserole, or appetizer to share! Saturday, February 11<sup>th</sup>. (snow date Feb. 18<sup>th</sup>) 5 pm - 8 pm, Sign-up sheets will be on the bulletin board in the Ed. Building. Please come and join us for an evening of good food, fun & fellowship. For any questions, please see Jean Winkler



Pledge card



**Didn't get your pledge card?** Cards are available at the table in the narthex (entrance). Once you have filled them out, please place them in the purple basket marked "pledge cards." Thank you for helping us to plan the annual budget!



## Brass Cleaning

Come and catch up with friends while helping make our Sanctuary sparkle for Easter. It has been six years since we polished the brass chandeliers. We will meet in the Sanctuary at 10:00 AM on Mar 25<sup>th</sup> to apply the polish. Feel free to bring rags but don't worry we have some as well. Plan on joining us for coffee or tea treats and lots of conversation. Everyone is welcome and lots of help is needed.



At coffee hour on Feb. 12th, we will be putting together goodie bags for our home-bound friends for Valentine's Day. We would appreciate donations of Valentines, cookies, candies, or fruit. (sugar-free & regular are needed) Anyone willing to make a delivery would be appreciated. For any questions, please see Jean Winkler



Don & Ruth Porter are looking for a Home Health Aide, L.P.N. or R.N. to come and work with them for a few hours a few days a week. They are asking that if you know of anyone that is available you let them know. Thank You!



## Shoe Drive Finale!

Many thanks to all of our congregation, families, friends, and neighbors for your donations and help that made our shoe collection a success. Together we were able to collect an amazing number of shoes...1,875 pairs! Special thanks go to Jan Lane, Heather and John Hansen, John Cliffe, and Harry Guzi for the manpower (and womanpower!) that made it possible to lift and load 75 bags of shoes onto the collection truck (who knew shoes could be so heavy?!) The shoes are on their way to developing nations around the world and our payment check is on the way to CCS to help continue their wonderful programs for our community! Linda Baron



# ***Support from Elders and Deacons***

If you need pastoral care, please contact an elder:

Heather Hansen, Fishkill    Celeste Rudberg, Wappingers

Pia Price, Poughkeepsie    Larry Sansone, Beacon

John Twohig, Beacon

If you need a meal, medication delivered, or a phone call, please get in touch with a deacon:

Linda Baron, Wappingers

Victor Chao, Hopewell

Brenda Smith-Cliffe, Wappingers

Jeanne Devine, Fishkill

Greg Totino, Fishkill



Bill Resling 4<sup>th</sup>

Dave Alexander 13<sup>th</sup>

Evelyn Bobb 17<sup>th</sup>

Catherine Buscemi 18<sup>th</sup>

Clair Houston 28<sup>th</sup>/29<sup>th</sup>



## Coffee hour



The names of those assigned will be listed in each month's "Parish Visitor" newsletter. We will assign only people we have seen attending, as some have not yet returned in person. This method has worked well in the past and ensures that everyone has an opportunity to share in receiving and providing fellowship, refreshments, and clean-up. Dorrie Hansen has most graciously agreed to set up the coffee. And there is a new cabinet in the library with needed supplies.

**Thank you for taking your turn.** Please check the newsletter to see if you are scheduled. If you see only two names, it means that someone unable to manage the set-up work will still be able to contribute goodies. If you are not available on the assigned Sunday, please try to switch with someone. If that fails, please call Jean Winkler.



## Coffee hour Hosts and Hostesses

### February 2023

Feb 5<sup>th</sup> Twohigs & Edith Schmidt  
 Feb 12<sup>th</sup> Sansones & G. Totino  
 Feb 19<sup>th</sup> H. & J. Hansen & K. Spencer  
 Feb 26<sup>th</sup> Garcia-Cantela & J. Lane

### March 2023

Mar 5<sup>th</sup> Saya's & L. Baron  
 Mar 12<sup>th</sup> Price's & D. Keller  
 Mar 19<sup>th</sup> Vanvoorhis & J. Utter  
 Mar 26<sup>th</sup> Houston's & J Koopmans



## Worship Greeters

### February 2023

Feb 5<sup>th</sup> Bill Resling  
 Feb 12<sup>th</sup> G. & D. Flayter  
 Feb 19<sup>th</sup> L. & S. Saya  
 Feb 26<sup>th</sup> Celeste Rudberg

### March 2023

Mar 5<sup>th</sup> Kathleen Spencer  
 Mar 12<sup>th</sup> Pia Price  
 Mar 19<sup>th</sup> Phillis Lake  
 Mar 26<sup>th</sup> Dana Cramer



## Liturgist

### February 2023

Feb 5<sup>th</sup> Jan Lane  
 Feb 12<sup>th</sup> Bill Resling  
 Feb 19<sup>th</sup> Celeste Rudberg  
 Feb 26<sup>th</sup> Rich Lanni

### March 2023

Mar 5<sup>th</sup>  
 Mar 12<sup>th</sup>  
 Mar 19<sup>th</sup>  
 Mar 26<sup>th</sup>



## Flowers

donated on the alter this month by

Paul Smith, in memory of Eleanor Smith, beloved mother.

Ginnie Styles in memory of Bertha Reville.







# Fishkill Food Pantry



**Fight Hunger Bag Program**



From the September '22 program, we received a total of \$143.00.

## FISHKILL FOOD PANTRY LIST OF NEEDS — WINTER 2023



Progresso/Chunky/Condensed Soups	Crackers, Saltines
Cereal, cold/hot oatmeal	Coffee/tea: reg, decaf, Instant
Rice 1lb/2lb packs, stuffing	Healthy snacks
Jiffy muffin mix, brownie, cake mix/frosting	Whole grain cereal bars
Canned peas, carrots, corn, green beans	Dish/laundry detergent
Mustard, ketchup, salad dressing, gravy	Bar soap/body wash
Canned fruit—pineapple, peaches, pears	Napkins/tissues
Canned stew/canned chili, chicken broth	Toilet paper/Paper towels
Fresh carrots, onions, potatoes	Toiletries—male, female, children
Pork n beans/dried beans, pasta	Dry pet food—small bags
Beans—kidney, black, chickpeas	Macaroni & cheese, peanut butter
Sugar free dessert mixes	Tomato sauce, jelly, sugar-free jelly
Sugar free syrup/sugar free sweetener	Packaged potatoes

In compliance with EAT SMART NEW YORK initiative  
we no longer distribute soda, juice, or candy to our clients  
PLEASE NO OUTDATED FOOD

1153 Main Street, Fishkill, NY 12524 • 845-896-4546  
Hours: M, T, TH, F 9AM-12PM; W 2:30PM- 6PM; 1<sup>st</sup> Saturday of the month 9AM-12PM



## **BERTHA'S HAMBURGER SOUP**

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<b>1 lb. hamburger</b>	<b>½ tsp. salt</b>
<b>1 c. carrots, diced</b>	<b>¼ tsp. pepper</b>
<b>1 c. celery, diced</b>	<b>¼ tsp. oregano</b>
<b>1 pkg. dry onion soup mix</b>	<b>⅛ tsp. savory</b>
<b>1 can tomato soup</b>	<b>¼ tsp. basil</b>
<b>6 c. water</b>	<b>1 Tbsp. soy sauce</b>
<b>1 c. rice, barley or macaroni</b>	

Brown hamburger and drain off fat. Place remaining ingredients and hamburger in a slow cooker for several hours until done.

*Bertha Reville*

## Cheddar Cheese Quick Bread

Ingredients:

2 cups all-purpose flour (I never tried almond flour)

4 teaspoon baking powder

1 tablespoon sugar

1 1/2 teaspoon garlic powder

1/2 teaspoon salt

1 1/2 cups shredded cheddar

1 cup milk

1 large egg

2 tablespoon butter

Instructions:

Preheat oven to 350° Grease/spray a loaf pan.

In a large mixing bowl, whisk together flour, baking powder, sugar, garlic powder, and salt. Stir in shredded cheese. Set aside.

In a separate bowl, whisk together milk, egg & butter.

Add liquid ingredients to the bowl of dry ingredients. Stir until just combined. Do over-mix mix.

Spoon/pour into loaf pan.

Bake for 45-50 minutes. The top should be golden brown.

Cool on the wire rack. Remove loaf from pan, slice & serve.



- 1.pancake
2. popcorn
3. eggplant
4. pineapple
5. milkshake
6. grapefruit
7. breadstick
8. strawberry
9. jawbreaker
10. cornflakes
11. Watermelon
12. peppermint
13. seafood
14. chickpea
15. Horseradish

# COME NOW AND SING

By Richard Lake (For D. Taft's "Hymn Looking for Words")

Come now, and sing, sing, sing.

Lift high your voice,

Make loud with joyous ring,  
God gives you choice.

Come now and sing your song  
And claim your space.

Serve now where you belong,  
Sing of new grace.

Sing of God's mighty power,  
Love's healing balm;

Shout like an open flower,  
Discover calm.

Let music fill the air,  
Smiles to bring.

Sing song to end despair,  
Come now and sing.

Permission was given by the family of Richard Lake to use the poem in this publication

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"Choir rehearsal 2:00 -3:00 on Thursdays. All are welcome!" Janie



Also, Black History Month, American Heart Month, & National Cancer Prevention Month.

**February 1**

- Change Your Password Day
- Decorating With Candy Day
- National Baked Alaska Day
- National Dark Chocolate Day
- National Freedom Day
- National Get-Up Day
- National Girls and Women in Sports Day

**February 2**

- Candlemas Day
- Groundhog Day
- National Brown Dog Day
- National Hedgehog Day
- National Tater Tot Day
- National Ukulele Day

**February 3**

- American Painters Day
- Bubblegum Day
- Doggy Date Night
- Feed the Birds Day
- National Carrot Cake Day
- National Golden Retriever Day
- National Wear Red Day
- National Women Physicians Day

**February 4**

- National Eat Ice Cream for Breakfast Day
- National Homemade Soup Day
- National Stuffed Mushroom Day
- National Thank a Mail Carrier Day
- USO Day
- World Cancer Day

**February 5**

- National Chocolate Fondue Day
- National Weatherperson's Day
- World Nutella Day

**February 6**

- National Frozen Yogurt Day
- National Lame Duck Day
- Pay a Compliment Day
- Time to Talk Day
- Tu Bishvat

**February 7**

- National Fettuccine Alfredo Day
- National Periodic Table Day
- National Send a Card to a Friend Day
- Rose Day

**February 8**

- National Kite-Flying Day

**February 9**

- National Pizza Day
- National Toothache Day
- Read in the Bathtub Day

**February 10**

- International Cribbage Day
- International Winter Bike to Work Day
- National Flannel Day
- National Umbrella Day

**February 11**

- Armed Forces Day
- Don't Cry Over Spilled Milk Day
- International Day of Women and Girls in Science
- National Guitar Day
- National Inventors' Day
- National Latte Day
- National Make a Friend Day

**February 12**

- Abraham Lincoln's Birthday
- Darwin Day
- National Freedom to Marry Day
- National Plum Pudding Day
- Super Bowl Sunday

**February 13**

- Galentine's Day
- National Cheddar Day
- National Crab Rangoon Day
- National Tortellini Day
- Self-Love Day
- World Radio Day

**February 14**

- Library Lovers' Day
- National Donor Day
- Valentine's Day

**February 15**

- National Gumdrop Day
- Singles Awareness Day

**February 16**

- National Almond Day
- Paczki Day
- World Anthropology Day

**February 17**

- Carnival of Brazil
- National Cabbage Day
- National Caregivers Day
- Random Act of Kindness Day

**February 18**

- National Battery Day
- National Drink Wine Day

**February 19**

- National Chocolate Mint Day
- Tug of War Day

**February 20**

- National Cherry Pie Day
- National Love Your Pet Day
- National Muffin Day
- Presidents' Day

**February 21**

- Fat Tuesday
- International Mother Language Day
- Mardi Gras
- National Grain Free Day
- National Pancake Day
- National Sticky Bun Day

**February 22**

- Ash Wednesday
- Cook a Sweet Potato Day
- George Washington's Birthday
- National Margarita Day
- National Walking the Dog Day
- Supermarket Employee Day
- World Thinking Day

**February 23**

- Digital Learning Day
- International Dog Biscuit Appreciation Day
- National Banana Bread Day
- National Chili Day
- National Toast Day

**February 24**

- National Skip the Straw Day
- National Tartar Sauce Day
- National Tortilla Chip Day
- World Bartender Day

**February 25**

- Introduce a Girl to Engineering Day
- Let's All Eat Right Day
- National Chocolate Covered Nut Day
- National Clam Chowder Day

**February 26**

- Letter to an Elder Day
- National Pistachio Day
- Tell a Fairy Tale Day

**February 27**

- International Polar Bear Day
- National Pokemon Day
- National Protein Day
- National Strawberry Day

**February 28**

- Floral Design Day
- National Chocolate Souffle Day
- National Public Sleeping Day
- Rare Disease Day
- U.S. Snow Shoe Day
- World Spay Day



## Yum-Yum!

Unscramble the names of these foods that are compound words.

1. c e n a k p a \_\_\_\_\_

2. r o o p n c p \_\_\_\_\_

3. g l e n t a g p \_\_\_\_\_

4. a e e l l n p p p \_\_\_\_\_

5. a e i h k k l m s \_\_\_\_\_

6. p r e t i f u g a r \_\_\_\_\_

7. d r i s k e b a c t \_\_\_\_\_

8. w r a r y b s e r t \_\_\_\_\_

9. k r a b w a r e j e \_\_\_\_\_

10. s n a c k l o f e r \_\_\_\_\_

11. r o w m a t e l e n \_\_\_\_\_

12. m i p e n p r e t p \_\_\_\_\_

13. a d e s o f o \_\_\_\_\_

14. p h a c i e c k \_\_\_\_\_

15. s a r d e h i s o r h \_\_\_\_\_



# First Reformed Church

1153 Main Street, Fishkill, New York 12524

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845-896-9836

**Rev. Dr. Amy Nyland, Pastor**

Christine Johannsen, Organist      Janie Koopmans, Choir Director

Carolyn Cordoni, Administrative Assistant

Barbara VanVoorhis, Children's Community Services Director

Kristen Cullen, Fishkill Food Pantry Director

